

Grains

SIGNATURE BOWLS

Our chef-created bowls are served over a bed of rice



Chef's Pick

Curry Salmon*

13.55
Sustainable salmon, warm heirloom rice, marinated kale, coconut sweet potato curry, toasted coconut, green onion
CALORIES: 720

Buddha Bowl 8.55
Organic sesame glazed tofu, warm heirloom rice, spicy roasted broccoli, carrot, citrus cabbage slaw, peanut, cilantro, peanut mango sauce
CALORIES: 600

Lemongrass Pork Bowl 9.95
Humanely-raised Berkshire pulled pork, warm heirloom rice, carrot, cucumber, pickled onion, jalapeño, cilantro, peanut, chili vinegar
CALORIES: 590

Smoky Chicken 9.95
Roasted chicken, warm heirloom rice, chili sweet potato, citrus cabbage slaw, roasted cherry tomato, cotija, avocado-tomatillo salsa, smoked crema
CALORIES: 740

Mediterranean* 12.95
100% grass-fed steak, warm heirloom rice, red onion, cucumber, Kalamata olive, romaine, feta, herb yogurt, dill
CALORIES: 710

try with greens!

PROTEIN BOWLS

Includes protein over bed of rice, with chimichurri & two sides

1. PICK A PROTEIN

- 100% Grass-Fed Steak*** 12.50
CALORIES: 490
- Sustainable Salmon*** 13.20
CALORIES: 410
- Herb Marinated Roasted Chicken** 11.00
CALORIES: 380
- Lemongrass Pulled Pork** 11.00
CALORIES: 530
- Organic Sesame Glazed Tofu** 7.50
CALORIES: 350

2. PICK 2 SIDES

- Rosemary Sweet Potato Mash** 2.00
CALORIES: 200
- Rosted Garlic Mashed Potato** 3.50
CALORIES: 350
- Arugula & Blue Cheese Salad** 1.00
CALORIES: 100
- Mixed Greens Salad** .70
CALORIES: 70
- Heirloom Rice** .300
CALORIES: 300
- Macaroni & Cheese** .300
CALORIES: 300
- Fire Roasted Veggies** .110
CALORIES: 110

SIDES CAN BE ORDERED A LA CARTE 2.50

All dressings & sauces included in calorie counts.

Greens



Seasonal Pick

Market Cobb*

11.95 | 7.95
Romaine, Creminelli prosciutto, roasted asparagus, sugar snap pea, watermelon radish, hardboiled egg, gorgonzola, toasted sesame seed, fresh dill, scallion ranch
CALORIES: 470 | 235

Salmon Ceasar* 11.25
Romaine, sustainable salmon, kale, roasted cherry tomato, cucumber, basil, ciabatta croutons, Grana Padano, house Caesar dressing
CALORIES: 660

Thai Coconut 9.95 | 6.95
Mixed greens, roasted chicken, sweet potato, toasted coconut, cucumber, pickled onion, cilantro, peanut, peanut mango dressing
CALORIES: 790 | 395

Flatiron* 12.95 | 8.95
Mixed greens, 100% grass-fed steak, roasted potato, roasted cherry tomato, blue cheese, roasted onion, balsamic vinaigrette
CALORIES: 840 | 420

Wintergreen 8.95 | 5.95
Baby greens, apple, goat cheese, roasted potato, medjool date, candied walnut, agave herb vinaigrette
CALORIES: 530 | 265

Farmer 9.95 | 6.95
Mixed greens, roasted chicken, feta, seasonal fruit, roasted corn, toasted sesame seed, almond, champagne vinaigrette
CALORIES: 740 | 370

Mérida 11.95 | 7.95
Romaine, roasted chicken, organic adzuki beans, roasted corn, pickled onion, organic blue corn strips, cotija, avocado, guajillo lime vinaigrette
CALORIES: 670 | 335



Seasonal Pick

Turmeric Veggie*

9.95 | 5.95
Baby greens, roasted organic rainbow carrot, marinated beet, watermelon radish, seasonal fruit, goat cheese, heirloom rice, toasted sesame seed, turmeric ginger dressing
CALORIES: 560 | 280

Green Chicken Chili 4.95
CALORIES: 160

Curry Sweet Potato 4.95
CALORIES: 240

Seasonal Soup 4.95
CALORIES: VARIES



Sammies

Served with House-seasoned Kettle Chips

Blueberry Pesto 9.25 | 5.95
Fresh mozzarella, basil pesto, blueberry chia jam, tomato, arugula on ciabatta
CALORIES: 590 | 370

Basil Chicken 9.25 | 5.95
Roasted chicken, basil aioli, tomato, red onion, provolone, arugula on ciabatta
CALORIES: 750 | 450

BLT+A 9.95 | 5.95
Bacon, basil aioli, avocado, tomato, arugula on sourdough
CALORIES: 1070 | 620

Báhn Mi 9.95 | 5.95
Humanely-raised Berkshire pulled pork, pickled carrot, cilantro, basil, jalapeño, lemongrass aioli on ciabatta
CALORIES: 820 | 485

Chipotle Steak* 11.95 | 6.75
100% grass-fed steak, SPICY chipotle aioli, fresh mozzarella, roasted onion, arugula, tomato on ciabatta
CALORIES: 930 | 540

New! Chicken Bacon Club 10.95 | 6.45
Roasted chicken, bacon, provolone, scallion ranch, tomato, arugula on sourdough
CALORIES: 1000 | 575



Seasonal Pick

Mushroom Muffaletta

9.95 | 5.95
Roasted mushroom, asparagus, provolone, pickled olive and veggie spread, mayo, arugula on ciabatta
CALORIES: 780 | 465

Add-ons:

ADD A SIDE 2.50
CALORIES: 70-350

SUB GLUTEN-FREE 1.75
ADD CALORIES: 140-220

Pizza



Seasonal Pick

Asparagus Prosciutto*

11.95 | 6.95
Asparagus, Creminelli prosciutto, goat cheese, 3 cheese blend, green onion, fresh arugula, truffle oil, Grana Padano
CALORIES: 930 | 465

Modern Mushroom 9.95 | 5.95
Roasted crimini mushrooms, goat cheese, marinated kale, red onion, red sauce
CALORIES: 780 | 390

Margherita 9.25 | 5.95
Fresh mozzarella, basil, red sauce
CALORIES: 690 | 345

Three Cheese 8.55 | 5.55
Whole milk mozzarella, asiago, parmesan, red sauce
CALORIES: 730 | 365

Pepé 9.95 | 5.95
Creminelli pepperoni, three cheese blend, red sauce
CALORIES: 910 | 455

BBQ 9.95 | 5.95
BBQ sauce, roasted chicken, red & green onion, cilantro, pepper jack
CALORIES: 870 | 435



GLUTEN-FREE CRUST 3.50 | 1.75
SUBTRACT CALORIES: 350 | 175

Half+Half

We offer half portions of our Salads, Pizzas and Sammies so you don't have to pick just one!

Kids

Chicken Plate 5.55
With mashed potatoes & simple salad
CALORIES: 430

Grilled Tomato + Cheese 5.55
With kettle chips
CALORIES: 870

B-Y-O Salad 5.55

Kid's Pizza 5.55
Add nitrate-free pepperoni +.40
CALORIES: 480 | 400

Mac & Cheese 4.55
CALORIES: 600

Includes choice of milk or juice box



Breakfast all day

Peal Sugar Waffle 4.50
Blueberry chia jam, Belgian dessert waffle, powdered sugar
CALORIES: 490

Modern Avo Toast 4.95
Fresh avocado, sourdough toast, chili spice, green onion
CALORIES: 290

ADD A HARD BOILED EGG* 1.00
CALORIES: 70



Everything Avo Toast* 7.25
Fresh avocado, sourdough toast, smoked salmon, dill, sour cream, red onion, everything spice
CALORIES: 400

GLUTEN-FREE DAIRY-FREE VEGETARIAN VEGAN CONTAINS NUTS

*These foods may contain undercooked eggs, meat, seafood, and/or shellfish. Consuming undercooked eggs, meat, seafood, and/or shellfish may increase your risk of foodborne illness.



Modern Breakfast

SAMMIES

The Rocket* 6.95
Cage-free fried eggs, provolone, tomato, arugula, basil aioli on ciabatta
CALORIES: 670

Chipotle Bacon* 7.55
Cage-free fried eggs, bacon, provolone, tomato, SPICY chipotle aioli on ciabatta
CALORIES: 830

Classic Sandwich* 5.95
Cage-free fried eggs, provolone on ciabatta
CALORIES: 490

AVOCADO TOAST

Modern Avo Toast 4.95
Fresh avocado, sourdough toast, chili spice, green onion
CALORIES: 290

Everything Avo Toast* 7.25
Fresh avocado, sourdough toast, smoked salmon, dill, sour cream, red onion, everything spice
CALORIES: 400

Add-ons:

ADD A HARD BOILED EGG* 1.00
CALORIES: 70

SUB GLUTEN-FREE 1.25
SUBTRACT CALORIES: 20

WAFFLES

Peal Sugar Waffle 4.50
Blueberry chia jam, Belgian dessert waffle, powdered sugar
CALORIES: 490



BURRITOS

Colorado Burrito* 4.95
Cage-free scrambled eggs, Colorado green chili, roasted potato, pepper jack, tortilla, tomatillo serrano salsa
CALORIES: 650

Bacon Burrito* 5.95
Cage-free scrambled eggs, Colorado green chili, roasted potato, bacon, pepper jack, tortilla, tomatillo serrano salsa
CALORIES: 780



BREAKFAST BOWLS

Brekkie Bowl* 7.95
Cage-free scrambled eggs, chili-roasted sweet potato, tomato, dressed arugula, sourdough toast
Includes: Choice of Bacon or Avocado Upgrade to: Smoked Salmon 1.50
CALORIES: 510-620

Sunrise Bowl* 7.95
Cage-free hard boiled egg, avocado, baby greens, bacon, roasted cherry tomato, almond, sourdough toast
CALORIES: 520

OATMEAL

Peanut Butter 5.55
Banana 5.55
Steel cut oats, peanut butter, banana, honey, peanuts
CALORIES: 570

Super Berry 5.55
Steel cut oats, blueberry chia jam, almonds, toasted coconut
CALORIES: 430

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