

**Picaazzo's**  
HEALTHY • ITALIAN • KITCHEN

**GLUTEN-FREE  
ALLERGY-FRIENDLY  
VEGAN/VEGETARIAN  
ORGANIC/NON-GMO  
KETO-FRIENDLY**



**SEDONA • ARROWHEAD • SCOTTSDALE  
PARADISE VALLEY • TEMPE / CHANDLER**

# WHO WE ARE

Picazzo's is an Arizona-based family-owned and operated health-centric restaurant with locations in Sedona, Scottsdale, Tempe, Paradise Valley and Arrowhead. Picazzo's sources clean, whole foods, rich in nutrients, blended with fantastic flavors. We have a fusion approach to a modern-Italian cuisine that sprinkles in the bold flavors of Asian, Mediterranean and even Mexican ingredients, into our menu of salads, entrees, pasta and pizza. We like to call ourselves "Healthitarians"!

## STARTERS<sup>GF</sup>

### Cheese Bread

Scratch-made focaccia baked with mozzarella and cheddar cheeses and a garlic-herb Parmesan. 8.95

### Hummus Platter

Choose from home-made traditional or jalapeño cranberry or both. Topped with creamy French feta and Kalamata olives, served with cucumber, watermelon radish and house-made flatbread. 12

### Baked Wings<sup>KF</sup>

Served with carrot sticks and Omega-3 Ranch. Choose (1) wing sauce: 12.5

- BBQ Original
- Spicy Thai Peanut
- Buffalo
- BBQ Chipotle
- Italian Seasoned

### Mama's Meat-za Balls<sup>KF</sup>

Turkey meatballs, organic marinara sauce, basil and house-made focaccia. 11.95

Add Sriracha slaw. +1.5

### Baked Brie<sup>KF</sup>

Roasted garlic, sliced, organic Gala apple, fig jam and house-made focaccia. 13.75

### Hot Artichoke Spinach Dip<sup>KF</sup>

Carrot sticks, artisan cheese & house-made flatbread. 12.95

### Avocado Toast

Toasted focaccia with avocado, topped with arugula salad of olive oil, lemon zest, fresh garlic, tomato, almond, watermelon radish, feta & freshly cracked pepper. 10.95

### Scandinavian Baked Cheese<sup>KF</sup>

Rich, buttery cheese baked to form a tasty crust similar to toasted bread without the carbs or gluten! Served with marinara sauce

Warning! This product could become addictive! 12.5

## Soups & Small Plates

### 🔥 Creamy Tomato Basil Bisque Cup 4.95 | Bowl 7.95

Made with organic tomatoes reduced & blended with cream, fresh herbs and spices for a smooth and delicious soup. Slice of focaccia.

Add chicken OR vegan CHIK'N: +2

### Italian White Bean & Kale Soup Cup 4.95 | Bowl 7.95

Hearty and healthy house-made, organic Italian white bean & kale soup, with tomatoes, vegetable broth & herb seasoning. Slice of flatbread. Add chicken OR vegan CHIK'N +2

### Mixed Veggies

A savory blend of roasted yellow squash, zucchini, and red bell pepper, tossed lightly with olive oil & Italian seasonings. 6

### 🔥 Sriracha Slaw

A creamy slaw that provides a crunchy, spicy kick! 5.5

### Herb-Roasted Sweet Potatoes

Balanced with a savory blend of herbs and seasonings and roasted to perfection. 6

### NEW! 🔥 Yellow Curried Sweet Potatoes

Our classic herb-roasted sweet potatoes tossed with a smooth and spicy yellow Thai curry, garnished with fresh cilantro. 6

### Gluten-Free Focaccia Half loaf 3.95 | Whole loaf 7.5

House-made daily. Served with olive oil and balsamic vinegar

## FRESH ORGANIC Salads<sup>GF</sup>

Salads include a complimentary slice of house-made focaccia upon request.

### Mother Earth

Organic mixed greens blanketed with herb roasted sweet potatoes, quinoa, apples, watermelon radish, candied walnuts and sliced avocado with a vegan avocado "honey" mustard dressing on the side. 13.5

### Crunchy Asian

Chopped romaine, shredded cabbage, heirloom carrots, cilantro, green onions, sliced almonds and sesame ginger dressing. 10.95

### Chopped Kale<sup>KF</sup>

Local organic kale, heirloom carrots, purple cabbage, roasted pumpkin seeds, dried cranberries and Parmesan, tossed in olive oil, garlic and fresh lemon juice. 12.95

### Zo's Chopped<sup>KF</sup>

Wholesome spinach, avocado, roasted organic corn, black olives, diced tomatoes, quinoa and roasted Macadamia nuts. Served with a side of creamy Italian dressing. (No substitutions) 13.5

### The Berry-licious

Blend of organic spinach and mixed greens, strawberry, feta, sweet walnuts, berry-balsamic dressing. 12.95

### Apple & Walnut Gorgonzola

Organic mixed greens, Gorgonzola, roasted, caramelized walnuts, organic apples, raspberry vinaigrette dressing. 12.95

### Natural Chopped Italian<sup>KF</sup>

Fresh chopped, organic romaine, pepperoni, salami, smoked cherry-wood ham, black olives, pepperoncini, tomato, cannellini beans, mozzarella, croutons, classic Italian dressing. 13.5

### Traditional Side Salads

Caesar Salad with house-made GF croutons OR Mixed Organic Greens served with your choice of these dressings: Ranch, Balsamic Vinaigrette or Classic Italian. 6.5

### Proteins

Add Chicken or Italian Chopped Meat Mix: +4.25

(+3.25 for side salad)

Add Sustainable Baked Salmon Filet +7.5

Add Vegan CHICK'N +5/4

Add Avocado +1.75

Heat Identifiers: 🔥 | 🔥🔥 | 🔥🔥🔥

<sup>KF</sup> Keto-Friendly dishes are identified as items that can more closely align with the Keto diet by substituting veggies such as zucchini noodles for pasta and carrots or cucumbers for breads, removing starches and leaving the higher fat/protein ingredients.

# PIZZA

FRESH, HOUSE-MADE DOUGH DAILY

→ Gluten-free pizzas are made in a dedicated GF stone oven. ←

## Signature CREATIONS

For vegan options, please ask to see our 100% vegan menu!

### 🔥 ELOTE

Brushed with a buttery-garlic sauce, mozzarella, corn and red onions, topped with herbed-parmesan and drizzled with a spicy chipotle sauce and fresh cilantro. 18 / 28

### NEW! 🔥 BACON CHEESEBURGER

Seasoned, ground turkey, cherrywood-smoked bacon, special sauce, mozzarella, diced tomatoes, caramelized onions, cheddar cheese, arugula and Bubbies pickles. 21 / 31

### MEATY MEATY

Italian sausage, salami, pepperoni, and smoked cherry-wood ham with red sauce & shredded mozzarella. 20.5 / 30.5

### NEW! 🔥 HOT HONEY, FIG, & SALAMI

A delicious blend of olive oil & fresh garlic, mozzarella, chopped salami and fig jam, topped with arugula and drizzled with Mike's Hot Honey. 19 / 29

### BBQ CHICKEN

Traditional BBQ sauce, grilled chicken, mozzarella & cheddar cheeses, topped with chopped green onions & fresh cilantro. Try this with our Chipotle BBQ sauce for a spicy kick! 18.5 / 28.5

### VORTEX

Italian sausage, salami, pepperoni, mushroom, black olive, caramelized onion, red sauce, red bell peppers, mozzarella. 21.5 / 31.5

### CALIFORNIA

Cherry-wood smoked bacon, fresh tomato, Gorgonzola, fresh garlic, olive oil and mozzarella, topped with fresh spinach and California avocado. 20.5 / 30.5

### PUTTANESCA

Chopped artichoke, feta, Kalamata olives, olive oil, tomato, garlic, basil, mozzarella. 21.5 / 31.5

### NAPLES MARGHERITA

Fresh, vine-ripened tomatoes, garlic, basil, olive oil, mozzarella. 18 / 24

### FIG GORGONZOLA

Fig jam, caramelized onion, garlic, olive oil, mozzarella & gorgonzola, topped with arugula & drizzled with rich fig balsamic vinegar. 18.5 / 28.5

### CHICKEN, BACON & HERBS

Marinated and grilled chicken, Cherry-wood smoked bacon, dried cranberries, olive oil & fresh garlic & mozzarella, topped with fresh, chopped thyme and basil. 20 / 30

### NONNA'S FAVORITE

Tasty combination of olive oil & fresh garlic, tomatoes, mushrooms, Kalamata olives, basil, goat cheese and shredded mozzarella. 20.5 / 30.5

Heat Identifiers: 🔥 | 🔥🔥 | 🔥🔥🔥

We are dedicated to offering clean foods. Picazzo's uses antibiotic-free poultry and nitrate/nitrite-free meats. We also use cheeses that are RbST, antibiotic-free and free from added hormones.

## CREATE

Your Own Pizza

	6 SLICES	8 SLICES*
1 CHEESE	15	19
1-TOPPING	16.5	22
2-TOPPING	19	25

\*Organic Original Crust Only



## 2 CRUST

All pizzas served thin crust with mozzarella.

### NEW! GLUTEN-FREE VEGAN CAULIFLOWER +1 (6 Slices Only)

Made with cauliflower, rice flour, water, chia flour, rice starch, palm oil, yeast, agave nectar, cane sugar, salt, cultured brown rice, garlic powder, Italian seasoning, fruit & vegetable extract blend (cranberry, apple, orange, tomato, broccoli, carrot, and shitake mushrooms).

### GLUTEN-FREE ORIGINAL (6 Slices Only)

Our gluten-free dough is made with Non-GMO rice and tapioca flours, Non-GMO potato starch, Non-GMO sunflower oil, salt, organic sugar, cage-free eggs, yeast, and Non-GMO xanthan gum.

### ORGANIC ORIGINAL\* (Available in 6 or 8 Slices)

\*Not Gluten-Free

## 3 SAUCES GF

Pizzas include mozzarella & your choice of the following sauces:

- Organic Red Sauce
- Organic Kale Pesto +1
- Olive Oil and Garlic
- Creamy Alfredo +1
- Organic Barbeque
- Spicy Chipotle +1

## 4 TOPPINGS GF

All cheese and proteins are nitrate/nitrite, RbST, antibiotic-free & hormone-free.

### TRADITIONAL & CLASSIC:

12" = +\$2.60 ea. / 16" = +\$3.35 ea.

- Ricotta
- Extra Mozzarella
- Sharp Cheddar
- Salami
- Italian Sausage
- Pepperoni
- Corn
- Cremini Mushrooms
- Jalapeños
- Pineapple
- Green Olives
- Black Olives
- Green Onions
- Roasted Garlic
- Red Onions
- Pepperoncini
- Vine-Ripened Tomatoes
- Grape Tomatoes
- Herb-Roasted Sweet Potatoes
- Bubbie's Dill Pickles

### HERBS: 12" = +\$1 ea. / 16" = +\$1.5 ea.

- Arugula
- Fresh Cilantro
- Fresh Basil
- Fresh Rosemary & Thyme Blend

### PREMIUM: 12" = +\$3.35 ea. / 16" = +\$4.10 ea.

- French Feta
- Chevre (Goat Cheese)
- Gorgonzola
- Daiya® Mozzarella
- Anchovies
- Artichoke Hearts
- Spinach
- Cherry-wood Smoked Bacon
- Cherry-wood Smoked Ham
- Chicken
- Seasoned Ground Turkey
- Turkey Meatballs (home-made)
- Caramelized Onions
- Roasted Red Peppers
- Kalamata Olives
- Avocado
- Chicken-Free CHIK'N Shreds
- MeetBalls Vegan house-made

# LUNCH Menu

→ We proudly serve lunch 7 days a week from 11am to 3pm! ←

## \$9.50-\$15 COMBO OPTIONS ALL-INCLUSIVE

Lunch combinations include a slice of pizza or pasta; salad or soup & beverage.

### PIZZA COMBOS

*(Please no substitutions.)*

Cheese (GF & Regular)	9.5
Pepperoni	11
Italian sausage	11
Slice of the Week (GF & Regular)	12
Puttanesca	12
Cheese (GF & Regular) w/ 2 Toppings	12
Cheese (GF Cauliflower) w/ 2 Toppings	12

### PASTA COMBOS

*Gluten-Free*

Chipotle Chicken w/Brown Rice Penne	
Chicken Piccata w/Linguine	
Linguine and Meatballs	
Spicy Thai Peanut Chicken Fusilli	
Bianca w/Fusilli	
Mac & Cheese w/Fusilli	
	15

## \$9.50 MODEST MEALS ALL-INCLUSIVE

### CHEESE SLICE COMBO

With choice of soup or salad

### SALAD COMBO OPTIONS<sup>GF</sup>

*Traditional Salads (no charge):*

#### CAESAR SALAD

With house-made gluten-free croutons

#### CRUNCHY ASIAN

With sesame ginger dressing.

#### MIXED ORGANIC GREENS

Served with your choice of these dressings:  
Ranch, Balsamic Vinaigrette, Classic Italian

### SOUP & SALAD COMBO

Served with one of our traditional salads and soup.

### PREMIUM ORGANIC SALADS

*Or Upgrade: +2.25*

Mother Earth

Chopped Kale

Zo's Chopped (No substitutions.)

The Berry-licious

Apple & Walnut Gorgonzola

Natural Chopped Italian

Add Chicken or Italian Chopped Meat Mix: +3.25 | Add Avocado: +1.5

### BEVERAGE COMBO OPTIONS

*Regular Drinks (no charge):*

Fountain Sodas	
Organic French Roast Coffee	
Iced Tea Flavored Organic	
Iced Tea Organic	
Hot Tea Organic	

### PREMIUM DRINKS

*Or Upgrade:*

Lemonade: Organic, House-made	+1.50
Sparkling Pellegrino, 500ml	+1
Fiji Bottled Water, 500 ml	+1.50
C2O Coconut Water, 17.5 oz.	+1
Fever Tree Ginger Beer, 500 ml (non-alcoholic)	+1

## Ala carte ITEMS

### PIZZA SLICES

*(Please no substitutions.)*

Cheese (GF & Regular)	4.5
Pepperoni	5
Italian Sausage	5
Slice of the Week (GF & Regular)	6
Puttanesca	6
Cheese (GF & Reg) w/ 2 Toppings	6
Cheese (GF Cauliflower) w/ 2 Toppings	6

### VEGETARIAN QUINOA BOWLS

*Non-GMO & Gluten-Free | 11.50*

🔥 Spicy Thai Peanut (Hot)

Kale Pesto (Hot)

**NEW!** 🔥 Spicy Yellow Thai Curry (Hot) <sup>KF</sup>

#### PROTEINS:

Add Chicken +3.25

Add Vegan CHIK'N: +4

Add Avocado +1.75

Add Sustainable Baked Salmon Filet +7.5

### SOUPS

*Cup: 4.95 | Bowl: 7.95*

🔥 Creamy Tomato Basil Bisque  
Made with organic tomatoes cooked down & blended with cream, fresh herbs and spices for a smooth & delicious soup. Slice of focaccia.

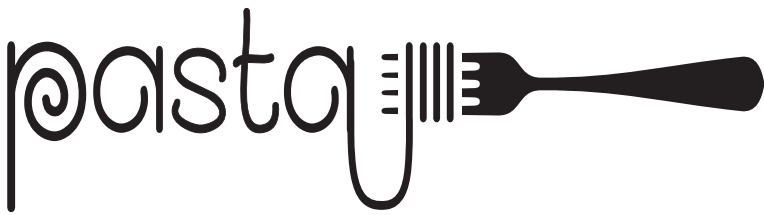
#### Italian White Bean & Kale

Hearty & healthy house-made with Italian white beans, kale, tomatoes, vegetable broth & herb seasoning. Slice of flatbread.

Add Chicken or Vegan CHIK'N: +2

Notice: Please advise your server of any allergies that may be present, as not all ingredients are listed on our menu  
For full allergen or nutritional information, please visit [www.picazzos.com](http://www.picazzos.com) or ask your server.





## FRESH + GLUTEN-FREE

*Our certified fresh gluten-free pasta has the same al dente texture as traditional pasta.*

Add a side Mixed Greens or Caesar salad to any Pasta for only 5.95 OR a cup of soup for 2.95. Substitute Protein for Sustainable Baked Salmon for 5.

### **NEW!** 🔥 YELLOW THAI CURRY ZOODLES <sup>KF</sup>

Zoodles tossed with sweet potatoes, shredded carrots, roasted red bell peppers, grilled chicken, and Yellow Thai Coconut Curry sauce, topped with fresh cilantro, basil and watermelon radish. 18.5

### **BIANCA** <sup>KF</sup>

Marinated and grilled chicken complimented with spinach, creamy Alfredo and mozzarella, tossed with hearty fusilli noodles. 18.95

### **LINGUINE & MEATBALLS** <sup>KF</sup>

Savory turkey Bolognese & house-made turkey meatballs. 18.5  
*Want the hearty without the meat? Try our vegan version of this dish- just as filling and delicious and made 100% plant-based!*

### **CLASSIC MAC & CHEESE**

Our house-made creamy mac & cheese fusilli under a sprinkle of herbed Parmesan. 16.5  
*Great with cherry-wood smoked bacon! +1.5*

### **🔥 SPICY THAI PEANUT FUSILLI** <sup>KF</sup>

Fresh fusilli pasta sautéed with heirloom carrots, peas, toasted almonds, grilled chicken, broccoli and a spicy Thai peanut sauce balanced with coconut milk & topped with fresh cilantro. 19.25

### **🔥🔥 SPICY CHIPOTLE CHICKEN** <sup>KF</sup>

Brown rice penne sautéed with grilled chicken, roasted red peppers, chili flakes, fresh green onion & a spicy Chipotle Alfredo. 19.25

### **PESTO RAVIOLI**

Bold, organic pesto sauce sautéed with a five-cheese ravioli and topped with creamy goat cheese, vine-ripened tomatoes and roasted Macadamia nuts. 19.95

Heat Identifiers: 🔥 | 🔥🔥 | 🔥🔥🔥

*Substitute "Zoodles" for any pasta for no charge.*

## WHAT WE DO

*Simply put, we bring people together through food and compassion. We meet the need for quality, healthy dining options for individuals that may have dietary restrictions as well as their guests that do not and we can truly bring everyone together in the same dining experience. Our menu continues to evolve into a plethora of dishes that are vegan, vegetarian, gluten-free and allergy friendly as we continue our quest to source the cleanest, healthiest ingredients we can find.*



## VEGETARIAN QUINOA BOWLS

**NON-GMO & GLUTEN-FREE**

### **NEW!** 🔥 Spicy Yellow Thai Curry Quinoa Bowl (Served Hot) <sup>KF</sup>

Zucchini, yellow squash, shredded carrots, and roasted sweet potatoes sautéed with mushrooms, quinoa, red cabbage, and yellow Thai coconut curry, topped with fresh cilantro and watermelon radish. 11.5

#### **PROTEINS:**

Add Chicken +3.25

Add Sustainable Baked Salmon +7.5

Add Vegan CHIK'N +4

Add Avocado +1.75

### **🔥 Spicy Thai Peanut Quinoa Bowl (Served Hot)**

Broccoli, carrots, red cabbage, peas, quinoa, spicy Thai peanut sauce, coconut milk and chile flakes, topped with Sriracha slaw and fresh cilantro. 11.5

### **Kale Pesto Quinoa Bowl (Served Hot) <sup>KF</sup>**

Sautéed kale tossed with creamy pesto, broccoli, grape tomatoes and quinoa. Topped with chopped macadamia nuts & creamy French feta. 11.5

## BEVERAGES

Lemonade, House-Made 3.50

C<sub>2</sub>O Coconut Water, 17.5 oz. 3.95

Fiji Bottled Water, 500 ml 3.25

Sparkling Pellegrino, 500 ml 4.25

Fountain Sodas 3.25

Organic Locally-Roasted Coffee 3.25

Fever Tree Ginger Beer, 500 ml, 4.25  
(non-alcoholic)

Tea, Organic Iced, Flavored Iced, 3.25  
or Flavored Hot.

*Picazzo's supports local farmers and suppliers that offer clean products that impact our health and our planets footprint. We created a diverse, full menu with tastes and textures that are enhanced with organic, Non-GMO, and seasonal produce. Picazzo's is allergy-friendly! We have identified the 8 most common food allergens in our kitchens and put a LOT of thought and love into creating our menu safely. ❤️*

*Notice: Please advise your server of any allergies that may be present, as not all ingredients are listed on our menu. For full allergen or nutritional information, please visit [www.picazzos.com/nutrition](http://www.picazzos.com/nutrition) or ask your server.*

# hot comfort food skillet-baked dishes <sup>GF</sup>

## **NEW!** SUSTAINABLE SALMON PICATTA <sup>KF</sup>

Sustainable, baked salmon served over brown rice noodles tossed in a caper-picatta sauce and roasted vegetables. 25.95

## CHICKEN PARMESAN

Classic GF breaded, tender baked chicken breast with mozzarella and marinara, served over fresh linguini pasta with mixed veggies. 22.5

## TUSCAN CHICKEN BREAST <sup>KF</sup>

Tender baked chicken breast enhanced with fresh thyme & rosemary, a lemon-butter sauce and grape tomatoes roasted in a balsamic reduction. Served over a bed of arugula, lightly tossed in olive oil and garlic and mixed vegetables. 22.5

## BAKED CHICKEN PICATTA <sup>KF</sup>

Oven-baked chicken breast served over fresh linguine noodles with a lemon-butter caper sauce Served with mixed veggies. 22.5

Add a Mixed Greens or Caesar Salad 5.95  
OR a Cup of Soup 2.95

## LASAGNA BOLOGNESE

Fresh lasagna noodles layered with mozzarella, ricotta, our Parmesan herb blend, marinara & our housemade, savory turkey Bolognese. 17.95

## SPINACH RICOTTA CANNELLONI

Cannelloni stuffed with a delicious blend of ricotta, mozzarella & Parmesan cheeses, spinach and baked under mozzarella & choice of 1) Marinara or 2) Alfredo. 17.95

## EGGPLANT PARMESAN

GF breaded & baked eggplant slices stacked & layered with mozzarella, ricotta, Parmesan herb blend & marinara. 17.95

## **NEW!** PLANT-BASED VEGETABLE LASAGNA BOLOGNESE

Fresh, plant-based lasagna noodles layered with an almond-ricotta, marinara, asparagus, spinach, mushrooms, and vegan mozzarella shreds baked in our house-made vegan bolognese 17.95

<sup>KF</sup> Keto-Friendly dishes are identified as items that can more closely align with the Keto diet by substituting veggies such as zucchini noodles for pasta and carrots or cucumbers for breads, removing starches and leaving the higher fat/protein ingredients.

Our gluten-free bread is made with Non-GMO rice and tapioca flours, Non-GMO potato starch, Non-GMO sunflower oil, salt, organic sugar, cage-free eggs, yeast & Non-GMO xanthan gum.

Picazzo's uses only Extra Virgin Olive Oils & 100% non-GMO sunflower in all house-made dressings. Our produce is also organic when Mother Nature allows.

## OUR PRODUCTS

We source 95% organic produce to bring the cleanest, pesticide-free fruits and vegetables to each plate. Studies have shown that polyphenols and antioxidants were greater in organic than conventional foods and we make every effort to follow through on our commitment of healthy foods. We work with local farmers and suppliers to bring fresh and healthy ingredients to our establishment, while trimming the carbon footprint.

We source NAE (No Antibiotics Ever), hormone-free and American Humane Certified™ chicken wings and breast, as well as nitrate/nitrite free meats such as our sausage from Polidori, a certified green company.

Our sauces and dressings are made from scratch using organic spices and non-GMO sunflower and imported olive oils.

In addition to our main menu, we offer a separate menu that is 100% vegan with offerings of salads, entrées, pasta, pizza and desserts using brands that support the plant-based diet, such as Follow Your Heart, Daiya and Beyond Meat.

## Are you a Healthitarian®?

### HEALTH · I · TAR · I · AN

/hɛlθ-ə-'tɛr-ē-ən/

[noun]

1. A person who enjoys a healthy lifestyle of nourishing the body with health-centric foods and supporting healthy habits.

2. An advocate for positive health, mentally, physically, spiritually and emotionally.

Join us in the movement of becoming healthitarians and changing the way we source, prepare and eat foods!