



W I N T E R
MENU 2020





BREAKFAST

WRAPS

MAPLE GLAZED BACON, SCRAMBLED EGG & CHEESE	430 CAL	MEDITERRANEAN EGG WHITE	260 CAL
CHIPOTLE CHICKEN, SCRAMBLED EGG & AVOCADO	460 CAL		

SANDWICHES

STEAK, OVER EASY EGG & CHEESE	530 CAL	BACON, OVER EASY EGG & CHEESE	450 CAL
SAUSAGE, OVER EASY EGG & CHEESE	540 CAL	AVOCADO, EGG WHITE & SPINACH	350 CAL
HAM, OVER EASY EGG & CHEESE	340 CAL	OVER EASY EGG & CHEESE	390 CAL

CRAFT YOUR OWN SANDWICH

SWAP YOUR BREAD		SWAP YOUR EGG		FLAVOR WITH SAUCES	
FARMSTYLE	130 CAL	SCRAMBLED EGG	100 CAL	BASIL PESTO	ADDS 25 CAL
ANY BAGEL	180-420 CAL	EGG WHITE	30 CAL	SWEET MAPLE	ADDS 60 CAL
ARTISAN CIABATTA	200 CAL	OVER EASY EGG	80 CAL	CHIPOTLE AIOLI	ADDS 70 CAL

SOUFFLÉS


FOUR CHEESE	480 CAL	SPINACH & BACON	550 CAL
SPINACH & ARTICHOKE	540 CAL	HAM & SWISS	500 CAL

BREAKFAST WRAPS, SANDWICHES AND SOUFFLÉS
AVAILABLE UNTIL 10:30AM WEEKDAYS/11AM WEEKENDS.

STEEL CUT OATMEAL

STRAWBERRIES, PECANS & CINNAMON CRUNCH TOPPING 	360 CAL
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YOGURT & FRUIT

GREEK YOGURT WITH MIXED BERRIES 	250 CAL	APPLE	80 CAL
SEASONAL FRUIT CUP	60 CAL	BANANA	90 CAL

2,000 CALORIES A DAY IS USED FOR GENERAL NUTRITION ADVICE, BUT CALORIE NEEDS VARY.
ADDITIONAL NUTRITIONAL INFORMATION AVAILABLE UPON REQUEST.

 CONTAINS PEANUTS AND/OR TREE NUTS



BAKERY

BAGELS

BAGEL 180-420 CAL
BAGEL WITH
1.75 OZ CREAM CHEESE SPREAD 290-600 CAL

BAGEL PACK
13 bagels, 2 tubs of cream cheese spread

DOZEN & A HALF
18 bagels

BAKER'S DOZEN
13 bagels

HALF DOZEN BAGELS
6 bagels

CREAM CHEESE SPREADS

8 OZ TUBS 70-110 CAL/1 OZ SERVING

INDIVIDUAL CUPS 110-180/1.75 OZ SERVING

PASTRIES & SWEETS

CINNAMON CRUMB COFFEE CAKE 520 CAL/
SERVING

SCONES 110-430 CAL

ARTISAN PASTRIES 260-620 CAL

MUFFINS 460-570 CAL

BROWNIES 390 CAL

MUFFIES 280/320 CAL

COOKIES 140-800 CAL



PANERA KIDS™

MAC & SOUP

MAC & CHEESE 470 CAL

CUP OF SOUP 60-260 CAL

HALF SANDWICHES

PB&J  360 CAL

TURKEY 280 CAL

GRILLED CHEESE 440 CAL

HAM 260 CAL

HALF SALADS

SEASONAL GREENS 90 CAL

GREEK 200 CAL

CAESAR 160 CAL

KID'S MENU IS SERVED WITH CHOICE OF YOGURT (50 CAL),
APPLE (80 CAL), BAGUETTE (180 CAL) OR SPROUTED GRAIN ROLL (170 CAL).

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SALADS

SERVED WITH CHICKEN

SOUTHWEST CHILE LIME RANCH	340/670 CAL	SPICY THAI NEW RECIPE 🌶️	230/460 CAL
GREEN GODDESS COBB	270/550 CAL	CAESAR	220/450 CAL
FUJI APPLE 🌶️	280/570 CAL	ASIAN SESAME 🌶️	210/410 CAL

CLASSIC SALADS

MODERN GREEK WITH QUINOA NEW RECIPE 🌶️	270/550 CAL	SEASONAL GREENS	90/190 CAL
CAESAR	160/320 CAL	GREEK	200/400 CAL



PASTA & MAC

MAC & CHEESE

BAJA MAC & CHEESE NEW RECIPE	550/1110 CAL	MAC & CHEESE	470/950 CAL
BBQ CHICKEN MAC & CHEESE	570/1130 CAL		

PASTA

ADD HALF SALAD, HALF SANDWICH, OR CUP OF SOUP FOR AN ADDITIONAL CHARGE.

CHICKEN TORTELLINI ALFREDO	750 CAL
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ALL ITEMS SERVED WITH CHOICE OF BAGUETTE (180 CAL),
SPROUTED GRAIN ROLL (170 CAL), CHIPS (150 CAL) OR APPLE (80 CAL).

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SOUPS

BISTRO FRENCH ONION IT'S BACK	190-860 CAL	CREAMY TOMATO V	230-900 CAL
TURKEY CHILI	210-880 CAL	TEN VEGETABLE V	60-730 CAL
AUTUMN SQUASH V	230-890 CAL	BAKED POTATO*	260-930 CAL
CHICKEN NOODLE	120-780 CAL	CREAM OF CHICKEN & WILD RICE*	210-880 CAL
BROCCOLI CHEDDAR	230-900 CAL		

V VEGETARIAN

TRY IT IN A BREAD BOWL FOR AN ADDITIONAL CHARGE.

*AVAILABILITY VARIES BY LOCATION.



WARM GRAIN BOWLS

ADD HALF SALAD, HALF SANDWICH, OR CUP OF SOUP FOR AN ADDITIONAL CHARGE.

MEDITERRANEAN WITH CHICKEN	650 CAL	MEDITERRANEAN	590 CAL
BAJA WITH CHICKEN	740 CAL	BAJA	680 CAL

ALL ITEMS SERVED WITH CHOICE OF BAGUETTE (180 CAL),
SPROUTED GRAIN ROLL (170 CAL), CHIPS (150 CAL) OR APPLE (80 CAL).

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SANDWICHES

TOASTED SANDWICHES

STEAK & WHITE CHEDDAR	440/870 CAL	CHIPOTLE CHICKEN AVOCADO	390/770 CAL
TUSCAN GRILLED CHICKEN NEW RECIPE	430/860 CAL	BACON TOMATO GRILLED CHEESE NEW RECIPE	340/680 CAL
MODERN CAPRESE	380/760 CAL	FRONTEGA CHICKEN	390/790 CAL
CUBAN	440/880 CAL		

CRAFT SANDWICHES

STEAK & ARUGULA	240/480 CAL	BACON TURKEY BRAVO*	310/620 CAL
ROASTED TURKEY & AVOCADO BLT	340/690 CAL	NAPA ALMOND CHICKEN SALAD 3A	310/630 CAL
ROASTED TURKEY, APPLE & CHEDDAR	350/710 CAL	SIERRA TURKEY	360/710 CAL
		MEDITERRANEAN VEGGIE NEW RECIPE	230/470 CAL

CLASSIC SANDWICHES

CLASSIC GRILLED CHEESE	310/630 CAL	TURKEY	270/540 CAL
TUNA SALAD	320/640 CAL	HERITAGE HAM & SWISS	300/610 CAL

INDIVIDUAL HALF AND WHOLE COLD SANDWICHES SERVED WITH A PICKLE (5 CAL).

ALL ITEMS SERVED WITH CHOICE OF BAGUETTE (180 CAL),
SPROUTED GRAIN ROLL (170 CAL), CHIPS (150 CAL) OR APPLE (80 CAL).



COMBINE TWO ITEMS

BOWL OF SOUP • HALF SALAD
HALF SANDWICH • CUP OF SOUP
SMALL MAC & CHEESE

ALLERGEN INFORMATION

MANY OF OUR PRODUCTS CONTAIN OR MAY COME IN CONTACT WITH COMMON ALLERGENS, INCLUDING WHEAT, PEANUTS, SOY, TREE NUTS, MILK, EGGS, FISH AND SHELLFISH. BEFORE PLACING YOUR ORDER, PLEASE INFORM YOUR SERVER IF A PERSON IN YOUR PARTY HAS A FOOD ALLERGY SO THAT A MANAGER CAN, AT YOUR REQUEST, PROVIDE YOU A LIST OF INGREDIENTS IN YOUR ORDER.

MENU SUBJECT TO CHANGE WITHOUT NOTICE.

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3A CONTAINS PEANUTS AND/OR TREE NUTS

BEVERAGES

COFFEE & TEA

HOT COFFEE

SM 12 FL OZ	10-15 CAL
REG 16 FL OZ	15-20 CAL
LG 20 FL OZ	20-25 CAL

HOT TEA


0 CAL

COLD BREW

	REG 20 FL OZ	LG 32 FL OZ		REG 20 FL OZ	LG 32 FL OZ
COLD BREW		25/25 CAL	MADAGASCAR VANILLA CREAM	200/270 CAL	

SPECIALTY BEVERAGES

CARAMEL LATTE	390 CAL	CAFFE LATTE	130 CAL
CAFFE MOCHA	370 CAL	CAPPUCCINO	130 CAL
MADAGASCAR VANILLA LATTE	260 CAL	ESPRESSO	5 CAL
CHAI TEA LATTE	290 CAL	SIGNATURE HOT CHOCOLATE	500 CAL

ADD SHOTS OF ESPRESSO (5 CAL/EA.), FLAVORED SYRUP (20-60 CAL/EA.) OR SUBSTITUTE ALMOND MILK  (40 CAL) FOR AN ADDITIONAL CHARGE. ALSO AVAILABLE IN DECAF, ICED OR WITH SKIM MILK.


FROZEN COFFEE

FROZEN CARAMEL COLD BREW	480 CAL	FROZEN MOCHA COLD BREW	450 CAL
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COLD DRINKS

	REG 20 FL OZ	LG 32 FL OZ		REG 20 FL OZ	LG 32 FL OZ
UNSWEETENED BLACK ICED TEA		0/0 CAL	BLOOD ORANGE LEMONADE	160/250 CAL	
PLUM GINGER HIBISCUS TEA		0/0 CAL	PRICKLY PEAR HIBISCUS FRESCA	100/160 CAL	
PASSION PAPAYA GREEN TEA	130/210 CAL		SOFT DRINKS		
AGAVE LEMONADE	160/250 CAL		REG 20 FL OZ	0-290 CAL	
			LG 32 FL OZ	0-460 CAL	

SMOOTHIES

MADE WITH GREEK YOGURT		NON-DAIRY	
MANGO	290 CAL	GREEN PASSION	200 CAL
STRAWBERRY BANANA	250 CAL	PEACH & BLUEBERRY 	180 CAL
STRAWBERRY	280 CAL		
SUPERFRUIT	240 CAL		

ORGANIC

WHITE MILK	110 CAL	APPLE JUICE	120 CAL
CHOCOLATE MILK	150 CAL		

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MORE WAYS TO PANERA



Catering

For every group, every size, every meal.



Delivery

Your favorites delivered right to your home or office.*



Rapid Pick-Up®

Order online and we'll have your food ready when you arrive.



Panera at Home

Keep Panera refrigerated Soups, Mac & Cheese and Salad Dressings, plus Sliced Bread and Coffee on hand.

Available where you shop for groceries.**

PaneraBread.com or get the app

Please check with your bakery-cafe for availability of services.

*Minimum order of \$5 required for delivery, exclusive of taxes and delivery charges that may apply.

Delivery charges may vary. Our delivery charge is not a tip or gratuity provided to the driver.

Participating bakery-cafes only. Tracking available only in participating bakery-cafes that offer delivery.

Gift card purchases and catering orders excluded. Order must be placed online with credit card.

Other restrictions may apply. Delivery hours may vary. Limited delivery area.

Visit panerabread.com/deliveryinfo to determine if you're in a delivery area or for more information.

**Panera at Home products are not available in bakery-cafes. Find a retailer near you at PaneraAtHome.com.

Menu subject to change without notice.

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