

# FARM & CRAFT

*food + affection + community*

## APPETIZERS

### AVOCADO HUMMUS | 8

*hummus served with seasonal raw vegetables and gluten-free herb pita*

### BURRATA & GRILLED VEGETABLES | 8

*served with grilled garlic bread*

## SALADS - BOWLS - ENTREES

*add proteins \$4 each* GRILLED TOFU | CHICKEN | SALMON\* | STEAK\*

### SPINACH & BERRY SALAD | 8

*seasonal berries, spinach, baby greens, goat cheese and walnuts served with balsamic vinaigrette*

### KALE CAESAR SALAD | 8

*shredded kale, yogurt caesar, gluten-free garlic croutons, shaved brussel sprouts, sundried tomatoes, cauliflower and parmesan cheese*

### GREEK QUINOA SALAD | 8

*rainbow quinoa, arugula, feta, olive, tomato and red bell pepper with a lemon oregano vinaigrette*

### FRIED RICE BOWL | 10

*toasted farro, fresh jalapeno, grilled pineapple, cage free egg, veggies, cashews and tamari glaze*

### RUSTIC BOWL | 12

*roasted veggies, basil kale pesto, pepitas and rainbow quinoa*

### GRASS-FED BURGER\* | 10

*smashed avocado, baby greens, sundried tomato sriracha mayo and melted havarti*

### FARRO MAC & CHEESE | 6

*three cheese blend mixed with toasted farro. Gluten-free penne pasta available*

### LASAGNA BOLOGNESE | 12

*grass-fed beef bolognese, roasted mushrooms, ricotta, green lentil pasta topped with tomato sauce and burrata cheese*

## SOMETHING SWEET

### CHIA TIRAMISU | 5    AÇAÍ BOWL | 8

### SEASONAL FRUIT & BERRY BOWL | 5

## DRINKS

### LEMONADE | 3    ICED TEA | 3

### BOTTLED WATER | 3    COLD BREW COFFEE | 3

*Serving the community with fresh and healthy food*

\*Items are served raw or undercooked. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food borne illness, especially if you have a medical condition.

THURSDAY - SUNDAY | 10AM - 7PM

## COMMUNITY KITCHEN

TOUCHLESS TO-GO | CURBSIDE PICKUP  
TAKEOUT

ORDER ONLINE AT [ilovefarmandcraft.com](http://ilovefarmandcraft.com)

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## FAMILY STYLE MEALS

*please call us for any family style meals - 480.568.8980*

**EACH FAMILY MEAL COMES WITH A SIDE SALAD AND YOUR CHOICE OF DRESSING** - *lemon oregano, balsamic, or yogurt caesar*

### RUSTIC BOWL

*choose your protein - 4 oz. per person*

**GRILLED TOFU | CHICKEN | SALMON\* | STEAK\***

*grilled vegetables, basil kale pesto, pepitas and quinoa*

**FULL PORTION (SERVES 12) \$120**

**HALF PORTION (SERVES 6) \$60**

### FRIED RICE BOWL

*choose your protein - 4 oz. per person*

**GRILLED TOFU | CHICKEN | SALMON\* | STEAK\***

*toasted farro, fresh jalapeno, grilled pineapple, cage free egg, veggies, cashews and tamari glaze*

**FULL PORTION (SERVES 12) \$100**

**HALF PORTION (SERVES 6) \$50**

*please place your lasagna order 24 hours in advance*

### LASAGNA BOLOGNESE *gluten-free*

*lentil pasta, grass fed beef tomato sauce, ricotta, wild mushrooms and garlic parmesan*

**FULL PORTION (SERVES 12) \$100**

**HALF PORTION (SERVES 6) \$50**

### VEGETARIAN LASAGNA *gluten-free*

*lentil pasta, grilled zucchini, ricotta cheese, parmesan, roasted mushrooms and tomato sauce*

**FULL PORTION (SERVES 12) \$75**

**HALF PORTION (SERVES 6) \$40**



**\$20**  
BOTTLES OF  
WINE

- ANGELINE PINOT NOIR
- BEX RIESLING
- VELVET DEVIL MERLOT
- DRUMHELLER CABERNET
- DRUMHELLER CHARDONNAY
- TRAPICHE BROQUEL MALBEC
- UNDERWOOD PINOT NOIR

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