



**FAIR TRADE
C A F E**



Specialty Coffee

Milk options:

Whole, nonfat, soy, almond, breve or coconut +.50

Add shot or syrup +.50 (espresso served ristretto)

CUP OF COFFEE 2.50 | 2.75
ICED TODDY BREW 3.25 | 3.75
CAFE AU LAIT 3.00 | 3.50
ESPRESSO 2.75 | 3.00
AMERICANO 2.75 | 3.25
CAPPUCCINO 3.75 | 4.25
LATTE 3.75 | 4.25
MOCHA 4.25 | 4.75

Not Coffee

TEA 4.00
CHAI 4.00 | 4.50
COCOA 3.00 | 3.50
MILK 2.25 | 2.75
ITALIAN SODA 3.25
HOT TEA 3.25
ORGANIC LEMONADE 3.25
ORANGE JUICE 3.25

Smoothies

PINEAPPLE OF MY EYE

Organic lemonade, lime, fresh ginger, spinach, pineapple & apple 5.00

PURPLE HAZE

Almond milk, banana, blueberries, strawberry & spinach 5.00

ORANGE FUSION

Orange juice, pineapple, strawberry, mango & carrots 5.00

Add flax, chia, protein or peanut butter + .75 - 1.

Baked Goodies

BAKED BREADS 3.00 - 5.00

BAKED SWEETS 1.00 - 4.00

TOPPED BAGEL

Topped with a spread of your choice, cream cheese,
peanut butter or hummus 3.25

CROISSANTS 3.25

BUTTERED OR PLAIN BAGEL 2.25

STEEL CUT OATMEAL

Delicious organic steel cut oatmeal served with choice
of milk & choice of topping; pecans, walnuts, almonds or
raisins 4.255

Breakfast

TOMATO/TAMATO

Egg, tomato and spinach, served on a toasted bagel 5.25

SOME LIKE IT HOT

Egg, cheddar cheese, tomato & green onion, served on a toasted jalapeño bagel 5.25

JACK IN THE SANT

Egg, black forest ham, monterey jack cheese, served on a buttery croissant 5.50

Sub bacon for +.50

BREAKFAST BURRITO

Egg, organic rosemary potatoes, grilled with organic vegetables, ham & cheese. Wrapped in a tortilla dressed with tasty aioli 7.00

Lunch

SOUP OF THE MOMENT

Selections may vary 3.75/4.75

HOUSE SALAD

Bed of greens, spinach, sliced and diced carrots, celery, tomato & cucumber topped with sprouts and sprinkled with raisins, almond slices, homemade croutons and balsamic vinaigrette on the side 3.50/6.50

HUMMUS PLATE

Choice of regular home-made hummus or jalapeño cilantro drizzled with olive oil and sprinkled with paprika, served with pita bread, carrots, celery, and cucumber slices 6.50

GRILLED CHEESE

Cheddar, Provolone and Swiss cheeses on multi grain bread 9.50

HAM SANDWICH

Black Forest ham, Swiss cheese, mayo, spicy mustard, lettuce, tomato, sprouts on rye bread 8.75

TURKEY SANDWICH

Oven roasted turkey breast, provolone cheese, mayo, spicy mustard, lettuce, tomato, sprouts on multi-grain bread 8.75
Wrap it for +.50

CHICKEN CURRY SANDWICH

Chicken breast mixed with curry, mayo, raisins, celery, pecans, green onion; topped with lettuce, tomato, sprouts on rye bread 8.25

VEGGIE HUMMUS SANDWICH

House made (Vegan) Hummus, lettuce, spinach, tomato, cucumber, sprouts on multi-grain bread 8.25

MEDITERRANEAN WRAP

House-made hummus (try it spicy w/ jalapeño cilantro hummus), house-made sundried tomato pesto, tomato (not always organic), cucumbers spring mix and kalamata olives 8.50

VEGGIE QUESADILLA

Melted Jack cheddar on a giant flour tortilla stuffed with mushrooms, spinach, grilled peppers and onions 8.50